



What to Expect

At Building Blocks OT 4 Kids



Whether you're wondering about your child's development; been referred by a health professional or have had concerns raised by your child's teacher there are a few things to know as you seek an assessment for your child. As every practice is different we have outlined what you can expect from us.

Initial Inquiry

An Occupational Therapist responds to your initial inquiry. You will have the opportunity to discuss your concerns and provide important background information. This allows us to determine the most suitable therapist or service for you and your child.

We will also talk you through the assessment process including referrals, rebates available, fees, any paperwork required, payment options and book an appointment at your request.

Appointment Confirmed

Once you have booked the initial appointment you will be emailed our New Client Bundle. The content varies slightly depending on the age of your child and whether you are accessing services through a specified plan. We encourage you to return the caregiver forms promptly so that we may set up electronic appointment reminders.

Initial Assessment

No two initial appointments are the same. We select a range of standardised and non-standardised assessments based on the information provided.

We spend time building rapport with your child, creating an environment that they feel at ease in.

The assessment may include but is not limited to the following:

- Play - pretend play, constructive play and joining in with peers.
- Gross Motor - postural control, strength, body awareness and coordination.
- Fine Motor - finger coordination , hand strength, using scissors, block construction.
- Handwriting - pencil grasp, letter formation, legibility, endurance and speed.
- Sensory Processing - attention, level of alertness and sensitivities.
- Social Emotional - regulation, self-esteem and anxiety.
- Self-care - dressing, eating and personal hygiene.

Report

Letters to GP or Paediatrician as required by Medicare are free. Written reports are provided upon request and incur an additional fee which varies according to the complexity of the report. Please discuss with your therapist your reporting requirements.

Therapy

Our therapy services are individualised and flexible. We take the time to discuss your child's needs and develop a therapy plan that takes into consideration your family's circumstances.

Therapy may be provided on an individual basis or within a group.

Individual sessions may be weekly, fortnightly or monthly.

Clinic, school and community appointments are available.

We are also able to provide home and school programs.